

SANTA CLARA UNIVERSITY
CPSY 389
Advanced Group Leadership:
Winter 2020

Jerrold Lee Shapiro, Ph.D.

GROUP CO-LEADER: TBA
Office: 126 Guadalupe Hall
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Class Meetings: Tues 1:00 – 4:00 pm
(650) 948-7292

Office Hours: Thurs. 1:30-4:30

Guadalupe 149

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There will be an all day **mandatory** Saturday meeting on February 1, 2020 9:-6:00. All other class meetings are Tuesdays 1-4pm. *No classes are scheduled for 1/28, 2/18 or 3/10 (these could change depending on progress).*

- **TEXTS:** See list for your choice of text

Shapiro, Peltz & Bernadett-Shapiro *Basics of Group Counseling and Psychotehrapy* (Review book)

For further reading (optional): Conyne: *Oxford Handbook of Group Counseling*

This *seminar-style* course is designed for a small number of students who wish to learn and practice leadership skills in group therapy and counseling settings. Each student taking the course will have the opportunity to have some "hands-on" group experience. It will be possible for students who complete this course to colead lab groups in future terms.

COURSE REQUIREMENTS:

- 1) Participate in a videotaped **marathon group** session (Feb 1, 2020).
- 2) Participate in class discussions of this group with regard to leadership issues, coleadership, and in role playing and videotaping in class.
- 3) Write a group therapy **book review**
Choose a group therapy or group counseling text from the list on the next pages (one person per book – choose one that is of personal interest). Write a professional evaluative book review (Maximum 2000 words). For examples, you may want to look at book reviews in *PsyCritiques*, *Contemporary Psychology* or similar journals. The review should be descriptive and evaluative. As part of the review you should do an in depth analysis of a chapter you particularly appreciate and one you did not like. Please be sure to give reasons for your evaluations

Paper Due 3/3/2020

Present a 5 minute verbal review of your book and describe in detail a group that you would like to do in a practicum or other professional setting using material from the selected book. Be sure to cite at least a few studies that show why this would be a good idea with the place and population. Due 3/3/18

COURSE GRADE: 40% of the grade will be based on the grade for the paper and oral presentation;
60% of the grade will be based on class participation and the application of course constructs to our real group. **Grades are P/NP for this class**

Readings

Reading: Try to read as much as possible before the marathon. Even if you did not choose these books, please read the Yalom Chapter on ATherapeutic Factors@ and Conyne "Brief Groups" (on Camino) the first week.

CHOOSE A BOOK FOR YOUR BOOK REVIEW (If a book has an exorbitant cost, choose another)

One person per text – Please make a first, second and third choice

- 1) Yalom (& Leszcz) (2005) *Theory and Practice of Group Psychotherapy*
- 2) Coche & Coche (1990) *Couples Group Therapy*
- 3) Ruton, Stone & Shay (2014) *Psychodynamic Group Psychotherapy* (5th Ed)
- 4) Shechtman (2006) *Group Counseling and Psychotherapy with Children and Adolescents: Theory, Research, and Practice*
- 5) Haen (2016) *Handbook of child and adolescent group therapy: A practitioner's reference*
- 6) Chen and Rybak (2003) *Group Leadership Skills: Interpersonal Process in Group Counseling and Therapy*
- 7) Day (2006) *Groups in Practice* (Group Counseling)
- 8) Marmarosh and Markin (2013) *Attachment in Group Psychotherapy*
- 9) Ormont (2009) *The Group Therapy Experience: From Theory To Practice*
- 10) Malekoff (2014) *Group Work with Adolescents, Third Edition: Principles and Practice* (Social Work Practice with Children and Families...
- 11) Piper, McCallum, and Azim *Adaptation to Loss through Short-Term Group Psychotherapy*
- 12) Klein and Schermer (2000) *Group Psychotherapy for Psychological Trauma*
- 13) Gladding (2015) *Groups: A counseling specialty*
- 14) Conyne (2011) *The Oxford Handbook of Group Counseling* (Oxford Library of Psychology) ***
This can be divided into two or three segments
- 15) Posthuma (2002) - *Small Groups in Counseling and Therapy: Process and Leadership: 4th* (fourth) Edition
- 16) Berg and Landreth (2012) *Group Counseling: Concepts and Procedures*
- 17) Kline (2003) *Interactive Group Counseling and Therapy*
- 18) DeLucia-Waack and Kalodner (2013) *Handbook of Group Counseling and Psychotherapy*
- 19) Conyne (2013) *Group Work Leadership: An Introduction for Helpers* (Counseling and Professional Identity)
- 20) Young & Blake *Group Treatment for Post-Traumatic Stress Disorder...*
- 21) Breitbart and Shannon R. Poppito (2014) *Meaning-Centered Group Psychotherapy for Patients with Advanced Cancer: A Treatment Manual*
- 22) Vannicelli (1993) *Group Psychotherapy with Adult Children of Alcoholics: Treatment Techniques and Countertransference Considerations*
- 23) Donigan and Mainati (1996) *Systemic Group Therapy: A triadic model*
- 24) Brown (2017) *Group therapy*
- 25) Earley (1999) *Interactive group therapy: Integrating, Interpersonal, Action-orientated and psychodynamic approaches.*
- 26) Jacobs and Schimmel (2015) *Group counseling: Strategies and skills*
- 27) Bieling and McCabe (2009) *CBT in groups*
- 28) Sweeney and Homeier (1999) *Handbook of group play therapy: How to do it, How it works, Whom it's best for*
- 29) Fehr (2019) *Introduction to group therapy.*(3rd or 4th ed)
- 30) Motherwell & Shay (2014) *Complex dilemmas in group therapy.*(2nd ed)
- 31) Spiegel and Classes (2000) *Group therapy for cancer patients*

- 32) Schneider-Corey, Corey et al (2017) *Groups: Process and Practice*.
- 33) Capuzzi and Stauffer (2018) *Foundations of group counseling*.
- 34) Englar-Carlson, Kottler (2015) *Learning group leadership experiential approach (3rd ed)*