

# The Latinx Research Center and Center of Professional Development

of the School of Education and Counseling Psychology at Santa Clara University cordially invites you to:

## Latina/e/o Youth Mental Health Care Symposium

co-sponsored by:



SANTA CLARA UNIVERSITY  
SCHOOL OF EDUCATION &  
COUNSELING PSYCHOLOGY

In response to the Adolescent Mental Health Crisis, this collaborative event will bring educators and mental health providers together to seek adaptive solutions to support our Latina/e/o youth. The symposium will cover:



- Adaptations for counselors to optimize therapy in school sites
- Trauma-informed instructional supports for teachers
- Community based mental health care models
- Liberation psychology frameworks to support Latinx communities
- Tools to promote the de-stigmatization of mental health in schools
- An interprofessional panel of educators and mental health providers to unpack current responses to the adolescent mental health crisis and seek future solutions

**DATE: Saturday, September 23, 2023**

**TIME: 8:30 AM - 5:00 PM (Coffee and Lunch Served)**

**LOCATION: California Mission Room, Benson Center  
(on main SCU campus)**

**Cost: FREE to attend for all attendees.**

**Processing fee for those seeking CE credits (American Psychological Association) or PD (professional Development hours for educators): \$50.**

**7 CE credits for Licensed Clinicians (APA approved)**

**7 hours of PD for Certified Teachers**

**Scan to register!**



<https://commerce.cashnet.com/CPDMentalHealth>

CE credits are awarded by the Center for Professional Development (CPD). CPD is approved by the American Psychological Association to sponsor continuing education for psychologists and maintains responsibility for this program and its content. There is no known conflict of interest or commercial support for this program.

## RSVP TODAY!

**This event is in compliance with the ADA/504,  
please direct your accommodation requests to Dr.  
Carmina Mendoza at [chmedoza@scu.edu](mailto:chmedoza@scu.edu)**

CE credits and Certificates of Attendance are only awarded to licensed clinicians and certified teachers who attend the program in its entirety (all 7 hours) and complete the evaluations. No partial credit. No certificates of any kind will be provided to those who register as No CEs. Please, specify in your registration if you are seeking CEs.

For more information contact:  
Dr. Carmina Mendoza, Director for Community  
and Professional Development at [chmedoza@scu.edu](mailto:chmedoza@scu.edu).

**Find us on Social Media!**







SANTA CLARA UNIVERSITY  
SCHOOL OF EDUCATION &  
COUNSELING PSYCHOLOGY

Latinx Research Center and Center of Professional Development presents:

# Latina/e/o Youth Mental Health Care Symposium

## FEATURED SPEAKERS:



**Anya Artigas, EdD, PPSC**

Alum Rock School District

As an educator & advocate, Dr. Anya Artigas has devoted the last twenty-two years working within the educational system. Currently, Dr. Artigas serves as the Coordinator of Mental Wellness Support Services at Alum Rock Union Elementary School District in Eastside San Jose. Dr. Artigas has worked in collaboration with nonprofit organizations, Santa Clara County Office of Education, Santa Clara County Behavioral Health, First 5 Santa Clara County, as well as a number of local universities to design children and family-centered approaches to support wellbeing and academic success.



**Veronica Gamboa, LMFT**

Alum Rock Counseling Center

Veronica Gamboa is a Licensed Marriage and Family Therapist (LMFT) has over 15 years' experience working in the mental health arena and over 7 years leading and building programs serving the underserved community. Veronica has extensive experience working with a culturally and linguistically diverse client population and believes that collaboration is key. Her work has focused on Latina/o/e counseling.



**Kathryn Hendricks, LMFT, PPSC**

Alum Rock School District

Kathryn "Kitzi" Hendricks is a bilingual (English/Spanish) Licensed Marriage and Family Therapist (LMFT), PPSC in School Counseling, adjunct lecturer for the Santa Clara University School of Education and Counseling Psychology, and a School Mental Health Wellness Specialist in Santa Clara County serving primarily Latinx youth and families. Kitzi's expertise includes trauma-informed care, trauma-sensitive teaching and leadership, school wellness centers, outreach education, crisis response and intervention, structural and organizational change in school mental health systems, and coordination of care among providers, families, and school staff to promote healing-centered engagement, and positive mental health, socioemotional, community, and academic outcomes.



**Martha Hernandez, PhD**

Ronald McDonald House and President, APA Society for Couple and Family Psychology

Dr. Martha Hernández is a bilingual clinical psychologist. At the Ronald McDonald House at Stanford (RMHS), Dr. Hernandez functions as Director of Families and Wellness, Director of Spanish Training, and Associate Director of Family Support Services. She provides supervision and training to graduate students providing emotional support to families with a child with a critical illness. Dr. Hernandez teaches at Palo Alto University and provides bilingual training to meet the needs of the Latina/o/e community. Her private practice focuses on relational and systemic issues that are impacting mental health, as well as conducts immigration evaluations.



**Cynthia Leyva, AMFT**

Alum Rock Counseling Center

Cynthia Leyva is an Associate Marriage and Family Therapist who obtained her Master of Arts in Counseling Psychology in 2020 from Santa Clara University. Cynthia is passionate about increasing access and fighting stigma around engaging in mental health services, and has worked with youth and families in the San Jose community for over 10 years. Cynthia has experience leading parent and family workshops, providing behavior and therapeutic support to children and adolescents, conducting community outreach and education around mental health services, and leading behavioral health prevention and early intervention programs.



**Alice Villatoro, PhD**

SCU Department of Public Health

Dr. Alice P. Villatoro is a multidisciplinary mental health disparities researcher with training in health services, psychiatric epidemiology, and medical sociology. She fuses theory driven-basic science with an applied population health orientation to understand how structural, social, cultural, and individual level factors shape mental health and mental health care decisions among youth populations and communities of color. Through her research, Dr. Villatoro has identified culturally-relevant areas of intervention to improve access, delivery, and utilization of mental health services among marginalized populations. She has been recognized by the National Center for Institutional Diversity and The AcademyHealth/Aetna Foundation for Minority Scholars.



**Alexis Becerra, LMFT**

San Mateo Union High School District - Moderator

Alexis Becerra is a Licensed Marriage and Family Therapist. She is a Lead Mental Health Therapist with the San Mateo Union High School District. Alexis serves as Vice Chair for the First 5 San Mateo County Commission, where she participates in strategic planning, guidance, and oversight in supporting children between the ages of 0-5. She also serves as an Executive Board Member and Educator Ambassador for One Love, an organization dedicated to ending relationship abuse and creating a world of healthier relationships.