Minor in Gerontology Make a copy and use this sheet to keep track of the courses you've completed for the minor. The minor consists of a minimum of twenty-nine (29) quarter units. Students must complete one lower-division course, five upper-division courses, one of which is an applied learning experience. Check the box next to the course and add the quarter and year to the end of the line to remind you when you completed that requirement. *Note*: As gerontology is an interdisciplinary field, the number of age-related classes students take in any one discipline to satisfy the minor is capped at 2. For example, students who complete PSYC 1 and PSYC 196 cannot use PSYC 117 or another PSYC class as an elective for the minor.

Course Requirements
Lower Division requirements (1 course total):
ONE of the following lower-division courses emphasizing different approaches to
understanding aging :
☐ PHSC 21. Health and Aging ( <b>recommended</b> )
ANTH 3. Introduction to Social and Cultural Anthropology
PHSC 1. Introduction to Public Health
☐ PSYC 1. Introduction to Psychology as a Natural Science
☐ PSYC 2. Introduction to Psychology as a Social Science
☐ SOCI 1. Principles of Sociology
Upper Division requirements (5 courses total):
☐ Two (2) upper division courses gerontology courses:
☐ ANTH 172. Anthropology of Aging
☐ PSYC 196. Psychology of Aging
☐ Two (2) of the following courses with application of course content to age-related issues:
ANTH 157. Family, Kin & Culture
☐ ANTH 159: Globalization
☐ BIOL 106/PHSC 124: Health Consequences of a Western Lifestyle
☐ PSYC 117. Health Psychology
☐ PSYC 120: Sensation & Perception
☐ SOCI 134. Globalization & Inequality
☐ SOCI 157. Sociology of Family
☐ SOCI 165: Human Services
☐ SOCI 172 or PHSC 172. Management of Healthcare Organizations
☐ SOCI 176: Care and Dignity Across the Lifecourse
☐ SOCI 180: Immigrant Communities
☐ TESP 157. Ethics in the Health Professions
☐ Any gerontology-related course with approval of the director
☐ A 100-hour service-learning course, internship experience, or other equivalent work directly
engaged with older adults (equivalent to one course with a 5-unit allocation). Examples

• PSYC 198. Internship

include: