

UNIVERSITY

Effective Date: 01-01-2026 AWH Northern CA HMO

PLAN DESIGN & BENEFITS PROVIDED BY AETNA HEALTH OF CALIFORNIA INC. - FULL RISK

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PLAN FEATURES	IN-NETWORK DESIGNATED PROVIDERS	
	supplies have limits on them per year. There might be a maximum number of	
visits or days, or a dollar limit per year. In such cases, the benefit year begins on January 1 (unless otherwise noted).		
Refer to your plan documents to learn more.		
Deductible (per calendar year)	None Individual	
	None Family	
Prescription drug costs do not count toward the deductible. Refer to your plan documents for details.		
Out-of-pocket limit (per calendar	\$2,000 per Individual	
year)		
	\$4,000 per Family	
Your pharmacy expenses count towar		
In-Network expenses include coinsura		
Your family will have one out-of-pocket limit. You will meet it when the expenses of several family members add up to		
	person will have to pay more than the individual out-of-pocket limit amount.	
Lifetime maximum	Unlimited except where otherwise indicated.	
Primary care physician selection	Required	
Referral requirement	You'll need a PCP referral for most in-network services	
	access covered services for telehealth visits from different kinds of providers in	
	see a list of telehealth providers. You'll also find more about your options,	
including cost share amounts.		
	access covered services for virtual care visits from different kinds of providers in	
	see a list of virtual care providers. You'll also find more about your options,	
including cost share amounts.		
Network Designations- In order to be	e covered at the preferred in-network benefit level you must use a designated	
provider for care. If you receive care fi	rom a non-designated provider your care may not be covered.	
CVS VIRTUAL CARE	IN-NETWORK	
CVS Health Virtual Care (VC) -	Covered 100%	
general medicine		
CVS Health Virtual Care (VC) -	Covered 100%	
mental health		
PREVENTIVE CARE	IN-NETWORK DESIGNATED PROVIDERS	
Routine adult physical exams/	Covered 100%	
immunizations		
1 exam every 12 months		
Routine well child exams	Covered 100%	
 7 exams in the first 12 months 		
• 3 exams from age 13 months to 24 months		
• 3 exams from age 25 months to 36 months		
• 1 exam every 12 months thereafter until age 22		
Childhood immunizations	Covered 100%	

1 exam and pap smear per year, including HPV screening and related fees

Routine mammogramCovered 100%

Recommended: One per year for members age 40 and over

Routine gynecological care exams Covered 100%



Copay waived if admitted

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Mamanla haalth	Covered 4000/	
Women's health	Covered 100%	
	petes, HPV (Human- Papillomavirus) DNA testing, counseling for sexually	
	screening for human immunodeficiency virus, screening and counseling for	
	reastfeeding support, supplies and counseling.	
	ACA mandated contraceptives, including contraceptives and devices you can't	
	ures (including tubal ligation), patient education and counseling. Limits may	
apply.		
Pre-natal maternity	Covered 100%	
Routine digital rectal exams /	Covered 100%	
Prostate specific antigen test		
Recommended: For members age 40 a		
Colorectal cancer screening	Covered 100%	
Recommended: For all members age 45 and over.		
Frequency schedule applies.		
Routine eye exams	Not Covered	
Direct access to participating providers		
Routine hearing screening	Covered 100%	
PHYSICIAN SERVICES	IN-NETWORK DESIGNATED PROVIDERS	
Primary care physician visits	\$20 office visit copay	
Includes services of an internist, gener	al physician, family practitioner or pediatrician.	
Telehealth consultation with non-	\$20 office visit copay	
specialist		
Specialist office visits	\$20 office visit copay	
Telehealth consultation with	\$20 office visit copay	
specialist		
Walk-in clinics	\$20 copay	
	Designated Walk-in clinics	
	Covered 100%	
Walk-in clinics are free-standing health	care facilities. Sometimes they may be within a pharmacy, drug store,	
	offer some limited medical care and services.	
	, emergency rooms, the outpatient department of a hospital, ambulatory	
surgical centers, and physician offices.		
Allergy testing	Your cost sharing amount depends on the type of service and where you	
5 7 5	receive it.	
Allergy injections	Your cost sharing amount depends on the type of service and where you	
· ·	receive it. Covered 100% when an office visit charge is not applicable.	
DIAGNOSTIC PROCEDURES	IN-NETWORK DESIGNATED PROVIDERS	
Diagnostic X-ray (Other than	Covered 100%	
complex imaging services)		
	s for this service at their office, you pay your office visit cost share amount.	
Diagnostic laboratory	Covered 100%	
	s for this service at their office, you pay your office visit cost share amount.	
Diagnostic complex imaging	\$100 copay	
	s for this service at their office, you pay your office visit cost share amount.	
EMERGENCY MEDICAL CARE	IN-NETWORK DESIGNATED PROVIDERS	
Urgent care provider	\$20 office visit copay	
Non-urgent use of urgent care	Not Covered	
provider	NOT GOVERGE	
Emergency room	\$100 copay	
Emergency room	φτου συράν	



Spinal manipulation therapy

Direct access to participating providers without a referral.

Limited to 20 visits per year

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Non-emergency care in an	Not Covered
emergency room	
Emergency use of ambulance	\$100 copay
Non-emergency use of ambulance	Not Covered
HOSPITAL CARE	IN-NETWORK DESIGNATED PROVIDERS
Inpatient coverage	\$250 copay
	or the care you need, your cost sharing amount counts toward all covered
benefits you receive.	
Inpatient maternity coverage	Covered 100% for Physician maternity services; \$250 copay for Facility
(includes delivery and postpartum	Services
care)	
	or the care you need, your cost sharing amount counts toward all covered
benefits you receive.	
Outpatient hospital	Covered 100%; after deductible
	hospital but don't stay overnight, your cost sharing amount counts toward all
covered benefits during your visit.	
MENTAL HEALTH SERVICES	IN-NETWORK DESIGNATED PROVIDERS
Mental health inpatient	\$250 copay
	or the care you need, your cost sharing amount counts toward all covered
benefits you receive.	
Mental health office visits	\$20 copay
Mental health telehealth	\$20 office visit copay
Mental health telehealth consultations	\$20 office visit copay
Mental health telehealth consultations Other mental health services	\$20 office visit copay Covered 100%
Mental health telehealth consultations Other mental health services When you receive outpatient care at a	\$20 office visit copay
Mental health telehealth consultations Other mental health services When you receive outpatient care at a covered benefits during your visit.	\$20 office visit copay Covered 100% facility but don't stay overnight, your cost sharing amount counts toward all
Mental health telehealth consultations Other mental health services When you receive outpatient care at a covered benefits during your visit. SUBSTANCE ABUSE	\$20 office visit copay Covered 100% facility but don't stay overnight, your cost sharing amount counts toward all IN-NETWORK DESIGNATED PROVIDERS
Mental health telehealth consultations Other mental health services When you receive outpatient care at a covered benefits during your visit. SUBSTANCE ABUSE Inpatient	\$20 office visit copay Covered 100% facility but don't stay overnight, your cost sharing amount counts toward all IN-NETWORK DESIGNATED PROVIDERS \$250 copay
Mental health telehealth consultations Other mental health services When you receive outpatient care at a covered benefits during your visit. SUBSTANCE ABUSE Inpatient When you're admitted into a hospital for	\$20 office visit copay Covered 100% facility but don't stay overnight, your cost sharing amount counts toward all IN-NETWORK DESIGNATED PROVIDERS
Mental health telehealth consultations Other mental health services When you receive outpatient care at a covered benefits during your visit. SUBSTANCE ABUSE Inpatient When you're admitted into a hospital for benefits you receive.	\$20 office visit copay Covered 100% facility but don't stay overnight, your cost sharing amount counts toward all IN-NETWORK DESIGNATED PROVIDERS \$250 copay or the care you need, your cost sharing amount counts toward all covered
Mental health telehealth consultations Other mental health services When you receive outpatient care at a covered benefits during your visit. SUBSTANCE ABUSE Inpatient When you're admitted into a hospital for benefits you receive. Residential treatment facility	\$20 office visit copay Covered 100% facility but don't stay overnight, your cost sharing amount counts toward all IN-NETWORK DESIGNATED PROVIDERS \$250 copay or the care you need, your cost sharing amount counts toward all covered \$250 copay
Mental health telehealth consultations Other mental health services When you receive outpatient care at a covered benefits during your visit. SUBSTANCE ABUSE Inpatient When you're admitted into a hospital for benefits you receive. Residential treatment facility When you're admitted into a facility for	\$20 office visit copay Covered 100% facility but don't stay overnight, your cost sharing amount counts toward all IN-NETWORK DESIGNATED PROVIDERS \$250 copay or the care you need, your cost sharing amount counts toward all covered
Mental health telehealth consultations Other mental health services When you receive outpatient care at a covered benefits during your visit. SUBSTANCE ABUSE Inpatient When you're admitted into a hospital for benefits you receive. Residential treatment facility When you're admitted into a facility for you receive.	\$20 office visit copay Covered 100% facility but don't stay overnight, your cost sharing amount counts toward all IN-NETWORK DESIGNATED PROVIDERS \$250 copay or the care you need, your cost sharing amount counts toward all covered \$250 copay the care you need, your cost sharing amount counts toward all covered benefits
Mental health telehealth consultations Other mental health services When you receive outpatient care at a covered benefits during your visit. SUBSTANCE ABUSE Inpatient When you're admitted into a hospital for benefits you receive. Residential treatment facility When you're admitted into a facility for you receive. Substance abuse office visits	\$20 office visit copay Covered 100% facility but don't stay overnight, your cost sharing amount counts toward all IN-NETWORK DESIGNATED PROVIDERS \$250 copay or the care you need, your cost sharing amount counts toward all covered \$250 copay the care you need, your cost sharing amount counts toward all covered benefits \$20 copay
Mental health telehealth consultations Other mental health services When you receive outpatient care at a covered benefits during your visit. SUBSTANCE ABUSE Inpatient When you're admitted into a hospital for benefits you receive. Residential treatment facility When you're admitted into a facility for you receive. Substance abuse office visits Substance abuse telehealth	\$20 office visit copay Covered 100% facility but don't stay overnight, your cost sharing amount counts toward all IN-NETWORK DESIGNATED PROVIDERS \$250 copay or the care you need, your cost sharing amount counts toward all covered \$250 copay the care you need, your cost sharing amount counts toward all covered benefits
Mental health telehealth consultations Other mental health services When you receive outpatient care at a covered benefits during your visit. SUBSTANCE ABUSE Inpatient When you're admitted into a hospital for benefits you receive. Residential treatment facility When you're admitted into a facility for you receive. Substance abuse office visits Substance abuse telehealth consultations	\$20 office visit copay Covered 100% facility but don't stay overnight, your cost sharing amount counts toward all IN-NETWORK DESIGNATED PROVIDERS \$250 copay or the care you need, your cost sharing amount counts toward all covered \$250 copay the care you need, your cost sharing amount counts toward all covered benefits \$20 copay \$20 office visit copay
Mental health telehealth consultations Other mental health services When you receive outpatient care at a covered benefits during your visit. SUBSTANCE ABUSE Inpatient When you're admitted into a hospital for benefits you receive. Residential treatment facility When you're admitted into a facility for you receive. Substance abuse office visits Substance abuse telehealth consultations Other substance abuse services	\$20 office visit copay Covered 100% facility but don't stay overnight, your cost sharing amount counts toward all IN-NETWORK DESIGNATED PROVIDERS \$250 copay or the care you need, your cost sharing amount counts toward all covered \$250 copay the care you need, your cost sharing amount counts toward all covered benefits \$20 copay \$20 office visit copay Covered 100%
Mental health telehealth consultations Other mental health services When you receive outpatient care at a covered benefits during your visit. SUBSTANCE ABUSE Inpatient When you're admitted into a hospital for benefits you receive. Residential treatment facility When you're admitted into a facility for you receive. Substance abuse office visits Substance abuse telehealth consultations Other substance abuse services When you receive outpatient care at a	\$20 office visit copay Covered 100% facility but don't stay overnight, your cost sharing amount counts toward all IN-NETWORK DESIGNATED PROVIDERS \$250 copay or the care you need, your cost sharing amount counts toward all covered \$250 copay the care you need, your cost sharing amount counts toward all covered benefits \$20 copay \$20 office visit copay
Mental health telehealth consultations Other mental health services When you receive outpatient care at a covered benefits during your visit. SUBSTANCE ABUSE Inpatient When you're admitted into a hospital for benefits you receive. Residential treatment facility When you're admitted into a facility for you receive. Substance abuse office visits Substance abuse telehealth consultations Other substance abuse services	\$20 office visit copay Covered 100% facility but don't stay overnight, your cost sharing amount counts toward all IN-NETWORK DESIGNATED PROVIDERS \$250 copay or the care you need, your cost sharing amount counts toward all covered \$250 copay the care you need, your cost sharing amount counts toward all covered benefits \$20 copay \$20 office visit copay Covered 100%

\$15 copay



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Outpatient short-term	\$20 copay
rehabilitation	al the grammer
Includes speech, physical, occupationa	
Habilitative physical therapy	Covered 100%
Habilitative occupational therapy	Covered 100%
Habilitative speech therapy	Covered 100%
Autism related physical therapy	Covered 100%
Autism related occupational	Covered 100%
therapy	
Autism related speech therapy	Covered 100%
Autism related behavioral therapy	Refer to MBH Outpatient Mental Health
These benefits are combined with outp	atient mental health visits.
Autism related applied behavior	Refer to MBH Outpatient Mental Health Other Services
analysis	
Your benefits for these services are the	e same as any other outpatient mental health other services benefit
OTHER SERVICES	IN-NETWORK
Skilled nursing facility	Covered 100%
When you're admitted into a facility for	the care you need, your cost sharing amount counts toward all covered benefits
you receive.	
Home health care	\$20 copay
Limited to 100 visits per year	
	rom a home health care agency. One visit equals a period of four hours or less.
Hospice care - inpatient	Covered 100%
	the care you need, your cost sharing amount counts toward all covered benefits
you receive.	
Hospice care - outpatient	Covered 100%
	facility but don't stay overnight, your cost sharing amount counts toward all
covered benefits during your visit.	
Durable medical equipment	20%
Prosthetics	Covered 100%
Orthotics	Covered 100%
Orthotics and special footwear covered	for persons with foot disfigurement.
Diabetic supplies	- 1
• If not covered under the prescription	You pay your PCP visit cost sharing amount
drug benefit	The part of the second
If covered under the prescription	You pay your applicable prescription drug cost sharing amount
drug benefit	rou pay your approache procent and good channing amount
Infusion therapy	\$20 copay
Administered in the home or	420 00puy
physician's office	
Infusion therapy - outpatient	Your cost sharing amount depends on the type of service and where you
hospital/freestanding facility	receive it.
Gene-based, Cellular, and other	Your cost sharing amount depends on the type of service and where you
Innovative Therapies (GCIT™)	receive it.
imorante inciapies (OOII)	\$50 copay
	In-network coverage is provided at GCIT™ designated facilities only.
	in-network coverage is provided at GCTT designated facilities only.



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Hearing aids	20%
1 hearing aid to a maximum of \$4,000	
Transplants	\$250 copay
	In-network coverage is only available at Institutes of Excellence (IOE)
	contracted facility.
Bariatric surgery	\$250 copay
When you're admitted into a hospital for	or the care you need, your cost sharing amount counts toward all covered
benefits you receive.	
Acupuncture	\$20 copay
Limited to 20 visits per year	
FAMILY PLANNING	IN-NETWORK DESIGNATED PROVIDERS
Basic Infertility	Your cost sharing depends on the type of service and where you receive it.
You have coverage for artificial insemir	nation and the diagnosis and treatment of the underlying cause of infertility.
Advanced Reproductive	Your cost sharing depends on the type of service and where you receive it.
Technology (ART)	
ART coverage is limited to three egg re	etrievals per member's lifetime and includes in vitro fertilization (IVF), zygote
intrafallopian transfer (ZIFT), gamete ir	ntrafallopian transfer (GIFT), cryopreserved embryo transfers, intracytoplasmic
	irgery, and ovulation induction (OI). Maximum applies to all procedures covered
by any of our plans except where prohi	bited by law.
Fertility preservation	Your cost sharing depends on the type of service and where you receive it.
Includes coverage for cryopreservation	and storage for iatrogenic infertility
latrogenic infertility is infertility that may	occur as a result of certain types of medical treatment
Vasectomy	Covered 100%
Tubal ligation	Covered 100%
PRESCRIPTION DRUG BENEFITS	IN-NETWORK
Pharmacy plan type	Advanced Control Plan - Aetna: California
Prescription drug out-of-pocket	Prescription drug expenses apply to your medical out-of-pocket limit.
limit	
Generic drugs	
Retail	\$5 copay
Mail order	\$10 copay
Preferred brand-name drugs	
Retail	\$20 copay
Mail order	\$40 copay
Non-preferred brand-name drugs	
Retail	\$40 copay
Mail order	\$80 copay
Specialty drugs	
Preferred specialty	20%
•	Maximum \$200
Non-preferred specialty	20%
	NA - 1

Maximum \$200



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Pharmacy day supply and requirements

Retail 1x retail copay for 30 day supply, 2x retail copay for 31-60 day supply, and 3x

retail copay for 61-90 day supply from Aetna National Network.

Mail order You can get a 31-90-day supply from CVS Caremark® Mail Service

Pharmacy.

Specialty You can get up to a 30-day supply of specialty drugs.

You must fill all specialty drugs through our preferred specialty pharmacy

network.

Advanced Control Formulary Aetna Insured List

Your prescription drug plan also includes:

- Diabetic supplies
- \$25 copay maximum per fill per 30 day supply for formulary insulin drugs
- Prescription weight loss drugs with precertification
- Sexual dysfunction drugs, including daily dose, additional 6 tablets a month for erectile dysfunction
- A limited list of over-the-counter medications when filled with a prescription

Family planning

- Oral and injectable fertility drugs included (physician charges for injections are not covered under RX, medical coverage is limited).
- Contraceptives covered up to a 12-month supply. Contraceptive copay strategy applies.

The following are covered 100% in-network:

- Oral chemotherapy drugs
- · Seasonal vaccinations
- Preventive vaccinations
- Affordable Care Act (ACA) eligible preventive medications

Refer to Aetna.com for a complete list of eligible prescription drugs.

Precertification requirements -

Some covered prescription drugs need approval from us before we will cover the drug.

Some covered prescription drugs require step therapy before we cover them. With step therapy, you must first try one or more drugs before we will pay for drugs that require step therapy.

To get the most up-to-date precertification requirements and a list of drugs that require step therapy, see your plan documents or go online to your member website.

Choose generics with dispense as written (DAW) override - Sometimes your physician may say you need a brand-name prescription drug even if a generic is available. If so, you will pay the brand-name copay. If you ask for a brand-name prescription drug when a generic is available, you will pay the applicable brand-name copay plus the difference between the generic price and the brand-name price.

GENERAL PROVISIONS

Dependents who are eligible to be on your plan

Spouse, children from birth to age 26. Student status of children does not matter.

Exclusions and Limitations

Health benefits and health insurance plans are offered and/or underwritten by Aetna Health of California Inc. Each insurer has sole financial responsibility for its own products.

This material is for information only. Health benefits plans contain exclusions and limitations.

Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change.



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You may be responsible for the health care provider's full charges for any non-covered services, including circumstances where you have exceeded a benefit limit contained in the plan. Providers are independent contractors and are not our agents. Provider participation may change without notice. We do not provide care or guarantee access to health services.

The following is a list of services and supplies that are *generally* not covered. However, your plan documents may contain exceptions to this list based on state mandates or the plan design or rider(s) purchased by your employer.

- All medical and hospital services not specifically covered in, or which are limited or excluded by your plan documents.
- · Cosmetic surgery, including breast reduction.
- Custodial care.
- Dental care and dental x-rays.
- Donor egg retrieval.
- · Durable medical equipment.
- Experimental and investigational procedures, except for coverage for medically necessary routine patient care costs for members participating in a cancer clinical trial.
- Hearing aids.
- Home births.
- Immunizations for travel or work except where medically necessary or indicated.
- Implantable drugs and certain injectable drugs including injectable infertility drugs.
- Infertility services, including artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI and other related services, unless specifically listed as covered in your plan documents.
- Long-term rehabilitation therapy.
- Non-medically necessary services or supplies.
- Orthotics except diabetic orthotics.
- Outpatient prescription drugs (except for treatment of diabetes), unless covered by a prescription plan rider and over-the-counter medications (except as provided in a hospital) and supplies.
- Radial keratotomy or related procedures.
- · Reversal of sterilization.
- Services for the treatment of sexual dysfunction or inadequacies including therapy, supplies or counseling or prescription drugs.
- Special duty nursing.
- Therapy or rehabilitation other than those listed as covered.
- Treatment of behavioral disorders.
- Weight control services including surgical procedures, medical treatments, weight control/loss programs, dietary regimens and supplements, appetite suppressants and other medications; food or food supplements, exercise programs, exercise or other equipment; and other services and supplies that are primarily intended to control weight or treat obesity, including Morbid Obesity, or for the purpose of weight reduction, regardless of the existence of comorbid conditions.

In case of emergency, call 911 or your local emergency hotline, or go directly to an emergency care facility.

If you require language assistance, please call the member services number located on your ID card, and you will be connected with the language line if needed; or you may dial direct at 1-888-982-3862 (140 languages are available. You must ask for an interpreter). TDD 1-800-628-3323 (hearing impaired only).



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Si requiere la asistencia de un representante que hable su idioma, por favor llame al número de Servicios al Miembro que aparece en su tarjeta de identificación y se le comunicará con la línea de idiomas si es necesario; de lo contrario, puede llamar directamente al 1-888-982-3862 (140 idiomas disponibles. Debe pedir un intérprete). TDD-1-800-628-3323 (sólo para las personas con impedimentos auditivos).

Plan features and availability may vary by location and group size.

For more information about Aetna plans, refer to **www.aetna.com.** While this material is believed to be accurate as of the production date, it is subject to change.

Aetna and MinuteClinic, LLC (which either operates or provides certain management support services to MinuteClinic-branded walk-in clinics) are both within the CVS Health family.

***This plan document provides you with an overview of some of your benefits and your cost share obligations. This information is for illustrative purposes ONLY. This document is not an official document and may differ from your Certificate of Coverage (COC), which is your official document. Refer to your COC for your coverage and services and any obligations on your part.

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